

Week 2: Play and Time

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Folio Object: https://www.youtube.com/watch?v=D6lO2lw_kiQ&ab_channel=VidaZhang

Context:

In response to this week's theme. I wanted to explore the flexibility of time through metaphors. Time is the standard, which is the stable container, and what we do is the items that can be squeeze into the container.

"Time is like water in sponge; if you squeeze harder, there is always more." We are all familiar with this sentence, but it is really difficult to concrete practice. During the time I was working, I always feel that there is not enough time. I need to complete one task after another in just 8 hours. If I want to get off work on time, I need to keep squeezing my 8 hours' sponge. Seeing this week's topic made me think of what my hard work in previous years looked like. So I want to visualize the description of time in this sentence through some of my actions towards myself.

My understanding of this sentence is not just the simple meaning of "push harder". Sometimes in order to get something, we need to give up something else. When I need to get more than 8 hours of work done, I may sacrifice my time to go to the toilet, eat, or help other colleagues.

Method:

- Fill the space of the fingers and nail with ground coffee
- Drop eye drops as much as possible
- Put on as much as possible clothes
- Put the cat toy into my mouth
- Pull to my limit
- Shut myself into the closet

Ground coffee is small particles, eye drops are liquid, clothes and cat toys are soft, my strength can break through, and I can bend my body. The corresponding containers are either flexible or fixed.

Response:

Every challenge has to be pushed to the limit. Some of the challenges involve "retribution" : too much eye drops will cause pain in the eyes, cat toys stinks and make me want to vomit, deadlifts are too heavy and my waist hurts, and it is very dark in the closet. This is what I mentioned "Sometimes in order to get something, we have to give up something else."

When I was shooting the video, I felt that it echoed the real situation. The reward for wanting to finish the work during this time is to shorten the lunch time or cancel the lunch.

Reflection:

I thought the saying that time is like water in a sponge is the truth, but after my exercise this week, there are still many things that can't be helped, like my suitcase, no matter how hard I try, I can't put myself in. After my exploration this week, I've realized something that seems obvious but makes pretty much sense: do what we can do. To use an exaggerated example of time, I couldn't finish college in kindergarten.

In this week's theme, I pay more attention to the figuration of time, which makes my work seem to have not much to do with play. But in the process of doing it, I have a lot of thoughts. I want to be someone who keeps surpassing myself, and when we're racking our brains trying to figure out how to slow down time, why don't we first look down at where we already standing, then turn around and look back , how far we already been. In an era of constant comparisons of age, education, and salary, I want to see how far I have been on my own path. In the video when I'm done wearing the last dress, I look in the wardrobe and I notice I still have the scarf and the hat. It is always much happier to never be satisfied with yourself than to compare yourself with someone else.

In another hand, this week's practice gave me more ideas about the shooting angles, and I also applied it to the work of studio2. When I entered the closet, I feel a mood of me as an object. "This is what it looks like from the inside out". I applied the shooting angle of the cigarettes from the inside of the cigarette pack in studio2.